



UNIVERSITI
MALAYA

Student Holistic Empowerment.

SHE

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Student Holistic Empowerment (SHE)

Student Holistic Empowerment courses are offered to all Universiti Malaya students. These courses function as the building blocks for the formation of a special set of Graduate Student Attributes (GSA) or commonly known as the **UM DNA**. It consists of a set of humanistic values that enriches the heart and soul of every student, complemented by enriching essential skills, thinking skills, digital skills, and knowledge on global issues. Through careful selection of SHE courses, students will be able to develop the 21st century skills, discover their potential and nurture their passion and talents. SHE courses will help them prepare for challenges and opportunities at the university and beyond. Students will develop vital skills to succeed in their studies, career and most importantly in life, through four subject clusters:

● Thinking Matters

Mind & Intellect

● Technology, Artificial Intelligence and Data Analytics

i-Techie

● Emotional, Physical and Spiritual Intelligence

Heart, Body & Soul

● Global Issues and Community Sustainability

Making the World a Better Place

Each subject cluster offers a range of courses from the different faculties to develop skills and insights from the core level of self, to creating and harnessing human extensions in the form of technological innovations, all the way to our role in the community and our responsibilities as members of humanity. Most SHE courses are designed to encourage exploration and experimentation, to foster debate and discourse, and to nurture thought and reflection. Learning activities will not merely be lecture-based but will include a range of interactive activities both inside and outside of the classroom and both face to face and online.

1. Thinking Matters: Mind & Intellect

Courses in Mind & Intellect cluster will teach students how to use thinking as a tool to develop their cognitive abilities, embark on intellectual pursuits and build self-management competencies. Courses are highly focused, with each course emphasizing a specific aspect of thinking, intellect or self-management.



2. Emotional, Physical and Spiritual Intelligence: Heart, Body and Soul

The Heart, Body & Soul SHE cluster offers a range of personal growth courses designed for students to develop their own Emotional, Physical and Spiritual Intelligences, with a higher emphasis on developing and practicing skills and cultivating habits to increase students' emotional, physical, and/or spiritual intelligence.

3. Technology, Artificial Intelligence and Data Analytics : i-Techie

This i-Techie cluster will promote the understanding of how technologies are changing our lives and community. Courses which are offered would empower students to create projects and develop reasoning skills, integrating various disciplines to enhance creativity and innovation. These courses do not require programming or IT background, making it well-suited for students from various disciplines.

4. Global Issues and Community Sustainability: Making the World a Better Place

The courses in this cluster, will enable students to understand the reality of interconnectedness between themselves and global issues as well as issues related to sustainability affecting humanity around the world. They should also enable students to appreciate the infinite potential in each person's life, and to cultivate that dormant human potential to the fullest. These courses will enable students to be aware of and address real world issues related to sustainability as part of their learning experiences.

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